Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 31 Jul 2022 until 23:59 on Monday 01 Aug 2022

Forecast Issued on Sunday 31 Jul 2022 at 02:10 by Met Office Aberdeen

Confidence: High becoming Medium from Tuesday.

Headline for Sunday 31 Jul 2022: Dry with bright and sunny spells.

Mountain weather hazards on Sunday 31 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny	Sunny	Sunny intervals	Sunny intervals	Clear night
Precipitation probability					
<05%	<05%	00%	00%	00%	00%

Forecast for Sunday 31 Jul 2022

Weather: Rather cloudy and mainly dry overnight, a few breaks cloud breaks developing by dawn. Any patchy low cloud lifting and breaking during the morning to leave a dry and bright day with sunny spells.

Chance of cloud-free hill tops above 800m: 50% overnight and early morning, becoming 90% by midday.

Low cloud and visibility: Occasional or patchy cloud, base 600 to 900m, overnight and early morning, soon lifting and clearing above the summits.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 31 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	10/12 NW	8/11 NW	10/14 NW	11/16 NW	12/17 NW	10/13 W	10/13 SW
900	9/11 NW	8/11 NW	10/15 NW	12/17 NW	12/17 NW	10/13 W	9/12 SW
600	4/6 NW	7/10 NW	9/13 NW	10/15 NW	11/15 NW	6/10 W	6/10 SW
300	3/9 NW	5/10 NW	5/13 W	6/15 NW	7/15 NW	3/10 W	1/9 SW
Glen	4/8 N	6/9 W	9/13 W	10/14 W	9/14 NW	4/9 W	2/5 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/-0	5/2	6/3	7/4	6/3	5/1	4/0
900	4/1	6/3	7/4	8/5	7/4	6/2	5/2
600	7/6	8/6	10/8	10/8	9/7	8/6	7/5
300	9/9	12/11	14/13	14/13	13/11	10/10	9/8
Glen	12/11	14/13	16/14	16/14	15/13	12/12	10/10
Freezing Level*	1400m	1400m	1500m	1500m	1600m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing further to add.

Forecast for Monday 01 Aug 2022
Weather: Dry overnight and much of daylight hours with bright, sunny or clear spells. However, cloud thickening and lowering from the south through the evening with outbreaks of rain, turning heavy and persistent by midnight.

Maximum wind: South or Southwest 10 to 15mph, increasing 20mph in the evening.

Chance of cloud-free hill tops above 800m: 90% lowing 30% during the evening.

Low cloud and visibility: Any cloud mainly near or above the summits, becoming extensive, base 600 to 900m, through the evening from the south, patches to 300m or less by midnight.

Temperature: **Glens:** Plus 7 Celsius rising to 20 Celsius
At 800m: Plus 5 to 10 Celsius
Freezing level: Above the summits

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